

MaMMut – the Mentoring project of KiJA Upper Austria



Kinder- & Jugendanwaltschaft OÖ
(Office of the Ombudsperson for Children's Rights Upper Austria)

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Help & info for all under 21
free · confidential · anonymous



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Office of the Ombudsperson
for Children's Rights Upper Austria



MaMMut the Mentoring project of KiJA Upper Austria

for children and youths in difficult life or family situations



Office of the Ombudsperson
for Children's Rights Upper Austria



„Give me
courage“
MaMMut

The MaMMut idea (Mach Mir Mut – Give me courage)

More and more children and youths lack an adequate social network that can support them in difficult life and/or family situations.

In the context of the MaMMut Mentoring project, KiJA Upper Austria provides children from the age of 8 and youths with mentors who are there for them and spend time with them.

The mentors work on a voluntary basis or as interns.

When “matching” the pairs, the individual needs of the children and youths as well as those of the mentors are taken into account. The mentoring is accompanied by the KiJA OÖ.

The mentors do NOT replace the parents and do NOT take over their duties!
MaMMut Mentoring is also NOT a substitute for professional care of children and youths!



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Our offers ...

... for mentees (children and youths):

- Regular meetings with the mentors (two to four times a month)
- Leisure activities, joint activities
- Support in everyday life
- A contact person for big and small worries, time to talk

... for mentors:

- Professional support for the mentorship in general and in difficult situations by KiJA OÖ
- Regular meetings for mentors to network and exchange ideas
- A monthly allowance for expenses
- Joint activities with other mentors and mentees, e. g. excursions ...

... Our requirements for mentors:

- Pleasure in working with children and youths
- Stable personality
- Commitment and reliability
- Long-term time resources for regular contact: Minimum duration of a mentorship 9 – 12 months